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LABORATOIRES

LA ROCHE-POSAY
LABORATOIRE DERMATOLOGIQUE

CeraVe®
DEVELOPED WITH DERMATOLOGISTS

L'ORÉAL

Dermatological Beauty

PRODUCT GLOSSARY



THIS BOOKLET IS FOR EDUCATIONAL PURPOSES
FOR HEALTHCARE PROFESSIONALS ONLY

CeraVe®

DEVELOPED WITH DERMATOLOGISTS



CONTENTS

DRY, ECZEMA-PRONE SKIN

Moisturising Cream
Moisturising Lotion
Hydrating Cream-To-Foam Cleanser
Hydrating Non-Foaming Cleanser

OILY, BLEMISH-PRONE SKIN

Blemish Control Cleanser
Blemish Control Gel
Foaming Cleanser

ROUGH & BUMPY SKIN

SA Smoothing Cleanser
SA Smoothing Cream

KEY



FRAGRANCE FREE



NON-COMEDOGENIC



ALLERGY TESTED

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PRODUCT	KEY INGREDIENTS	MODE OF ACTION	SUITABLE FOR	ROUTINE
DRY, ECZEMA-PRONE SKIN				
MOISTURISING CREAM  	<p>Hyaluronic acid & Glycerin</p> <p>Ceramides 1, 3 & 6-II</p> <p>MVE Technology</p>	<p>▶ To hydrate the skin</p> <p>▶ To moisturise & protect the skin's natural barrier</p> <p>▶ To provide long-lasting hydration through slow-release technology</p>	<p>✓ Very dry & eczema-prone skin</p> <p>✓ Face & body</p> <p>✓ Ages 2 months+</p>	<p>Step 1: CeraVe Hydrating Cleanser (morning & evening)</p> <p>Step 2: CeraVe Moisturising Cream (minimum of 1 application per day)</p>
MOISTURISING LOTION  	<p>Hyaluronic acid & Glycerin</p> <p>Ceramides 1, 3 & 6-II</p> <p>MVE Technology</p>	<p>▶ To hydrate the skin</p> <p>▶ To moisturise & protect the skin's natural barrier</p> <p>▶ To provide long-lasting hydration through slow-release technology</p>	<p>✓ Dry & eczema-prone skin</p> <p>✓ Face & body</p> <p>✓ Ages 2 months+</p>	<p>Step 1: CeraVe Hydrating Cleanser (morning & evening)</p> <p>Step 2: CeraVe Moisturising Lotion (minimum of 1 application per day)</p>
HYDRATING CREAM-TO-FOAM CLEANSER  	<p>Amino acid blend & Hyaluronic acid</p> <p>Amino acid based surfactant</p> <p>Ceramides 1, 3 & 6-II</p> <p>MVE Technology</p>	<p>▶ To help maintain skin smoothness & hydration</p> <p>▶ To remove makeup, sunscreen, dirt, oil & pollution</p> <p>▶ To moisturise & protect the skin's natural barrier</p> <p>▶ To provide long-lasting hydration through slow-release technology</p>	<p>✓ Normal to dry skin</p> <p>✓ Face & body</p> <p>✓ Ages 13+</p>	<p>Step 1: CeraVe Hydrating Cream-To-Foam Cleanser (morning & evening)</p> <p>Step 2: CeraVe Moisturising Lotion or Cream (minimum of 1 application per day)</p>
HYDRATING NON-FOAMING CLEANSER  	<p>Hyaluronic acid & Glycerin</p> <p>Ceramides 1, 3 & 6-II</p> <p>MVE Technology</p>	<p>▶ To hydrate the skin</p> <p>▶ To moisturise & protect the skin's natural barrier</p> <p>▶ To provide long-lasting hydration through slow-release technology</p>	<p>✓ Normal to dry skin</p> <p>✓ Face & body</p> <p>✓ Ages 3+</p>	<p>Step 1: CeraVe Hydrating Non-Foaming Cleanser (morning & evening)</p> <p>Step 2: CeraVe Moisturising Lotion or Cream (minimum of 1 application per day)</p>

PRODUCT	KEY INGREDIENTS	MODE OF ACTION	SUITABLE FOR	ROUTINE
OILY, BLEMISH-PRONE SKIN				
BLEMISH CONTROL CLEANSER  	<p>Salicylic acid</p> <p>Niacinamide</p> <p>Purifying clay</p> <p>Ceramides 1, 3 & 6-II</p>	<p>► Unclogs pores & reduces breakouts</p> <p>► Reduces inflammation</p> <p>► Absorbs excess oil on the skin</p> <p>► To moisturise & protect the skin's natural barrier</p>	<p>✓ Normal to oily skin</p> <p>✓ Blemish-prone skin</p> <p>✓ Face & body</p> <p>✓ Ages 13+</p>	<p>Step 1: CeraVe Blemish Control Cleanser (morning & evening)</p> <p>Step 2: CeraVe Blemish Control Gel (evening)</p>
BLEMISH CONTROL GEL  	<p>Salicylic acid</p> <p>Niacinamide</p> <p>Glycolic acid & Lactic acid</p> <p>Ceramides 1, 3 & 6-II</p> <p>MVE technology</p>	<p>► Unclogs pores & reduces breakouts</p> <p>► Reduces inflammation</p> <p>► Smooth & soften skin</p> <p>► To moisturise & protect the skin's natural barrier</p> <p>► To provide long lasting hydration through slow-release technology</p>	<p>✓ Normal to oily skin</p> <p>✓ Blemish-prone skin</p> <p>✓ Face & body</p> <p>✓ Ages 13+</p> <p>Not Suitable for:</p> <p>✗ Patients on Roaccutane</p>	<p>Step 1: CeraVe Blemish Control/Foaming Cleanser (morning & evening)</p> <p>Step 2: CeraVe Blemish Control Gel (evening)</p>
FOAMING CLEANSER  	<p>Niacinamide</p> <p>Hyaluronic acid</p> <p>Ceramides 1, 3 & 6-II</p>	<p>► Reduces inflammation</p> <p>► To hydrate the skin</p> <p>► To moisturise & protect the skin's natural barrier</p>	<p>✓ Normal to oily skin</p> <p>✓ Blemish-prone skin</p> <p>✓ Face & body</p> <p>✓ Ages 13+</p>	<p>Step 1: CeraVe Foaming Cleanser (morning & evening)</p> <p>Step 2: CeraVe Moisturising Lotion or Cream</p>

PRODUCT	KEY INGREDIENTS	MODE OF ACTION	SUITABLE FOR	ROUTINE
ROUGH & BUMPY SKIN				
SA SMOOTHING CLEANSER  	<p>Salicylic acid ▶ To exfoliate the surface layer of the skin</p> <p>Hyaluronic acid ▶ To hydrate the skin</p> <p>Ceramides 1, 3 & 6-II ▶ To moisturise & protect the skin's natural barrier</p>		<ul style="list-style-type: none"> ✓ Rough & bumpy skin ✓ Psoriasis ✓ Ichthyosis ✓ Keratosis pilaris ✓ Face & body 	<p>Step 1: CeraVe SA Smoothing Cleanser (morning & evening)</p> <p>Step 2: CeraVe SA Smoothing Cream (morning & evening)</p>
SA SMOOTHING CREAM  	<p>Salicylic acid ▶ To dissolve intercellular material between corneocytes to smooth rough skin</p> <p>Lipohydroxy acid ▶ To help upper layers of the skin to shed cells</p> <p>Urea ▶ To exfoliate the skin without interfering with the epidermal water barrier</p> <p>Hyaluronic acid ▶ To hydrate the skin</p> <p>Ceramides 1, 3 & 6-II ▶ To moisturise & protect the skin's natural barrier</p> <p>MVE technology ▶ To provide long lasting hydration through slow-release technology</p>		<ul style="list-style-type: none"> ✓ Rough & bumpy skin ✓ Psoriasis ✓ Ichthyosis ✓ Keratosis pilaris ✓ Body 	<p>Step 1: CeraVe SA Smoothing Cleanser (morning & evening)</p> <p>Step 2: CeraVe SA Smoothing Cream (morning & evening)</p>

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

LA ROCHE-POSAY

LABORATOIRE DERMATOLOGIQUE



CONTENTS

DRY, ECZEMA-PRONE SKIN

Lipikar Baume AP+M

Lipikar Syndet AP+

OILY, BLEMISH-PRONE SKIN

Effaclar Purifying Cleansing Gel

Effaclar Duo+M Moisturiser

Effaclar H Iso-biome Cream

Effaclar H Cleanser

SKIN REPAIR

Cicaplast Baume B5+

SENSITIVE, ALLERGY-PRONE SKIN

Toleriane Dermallergo Cream

HYPERPIGMENTATION

MelaB3 Serum

PHOTOPROTECTION

Anthelios UVMune 400 SPF 50+ Invisible Fluid

Anthelios SPF 50+ Sunscreen

Anthelios UVMune 400 Oil Control Invisible Fluid

Anthelios UVMUNE 400 SPF 50+ Hydrating Cream

KEY



FRAGRANCE FREE



NON-COMEDOGENIC







ALLERGY TESTED




ALSO SUITABLE FOR
PATIENTS UNDERGOING
CANCER TREATMENTS

www.laroche-posay.co.uk



PRODUCT	KEY INGREDIENTS	MODE OF ACTION	SUITABLE FOR	ROUTINE
DRY ECZEMA-PRONE SKIN				
LIPIKAR BAUME AP+M  	Aqua Posae Filiformis Shea butter & Microresyl Glycerin Niacinamide Thermal Spring Water	▶ To inhibit biofilm formation & rebalance the skin's microbiome ▶ Reconstitutes the hydrolipidic film to repair the skin barrier ▶ To hydrate the skin ▶ To reduce inflammation & redness ▶ To reduce skin irritation & support the skin's microbiome	✓ Dry, eczema-prone skin ✓ Individuals undergoing cancer treatment ✓ The first days of life	Step 1: Cleanse with Lipikar Syndet AP+ (morning & evening) Step 2: Moisturise with Lipikar Baume AP+M (morning & evening)
LIPIKAR SYNDET AP+  	Aqua Posae Filiformis Shea butter Glycerin Niacinamide	▶ To inhibit biofilm formation & rebalance the skin's microbiome ▶ To moisturise the skin ▶ To hydrate the skin ▶ To reduce inflammation & redness	✓ Dry, eczema-prone skin ✓ Individuals undergoing cancer treatment ✓ The first days of life ✓ Sensitive, allergy-prone skin	Step 1: Cleanse with Lipikar Syndet AP+ (morning & evening) Step 2: Moisturise with Lipikar Baume AP+M (morning & evening)
OILY, BLEMISH-PRONE SKIN				
EFFACLAR PURIFYING CLEANSING GEL  	Phylobioma™ Zinc PCA Thermal Spring Water	▶ To reduce C.acnes diversity & further enhance the microbiome ▶ To reduce sebum production ▶ To reduce skin irritation & support the skin's microbiome	✓ Blemish-prone skin ✓ Ages 10+	Step 1: Effaclar Duo+M Cleanser (morning & evening) Step 2: Moisturise with Effaclar Duo+M (morning & evening) Step 3: Protect with Anthelios UVMune 400 Oil Control SPF 50+
EFFACLAR H CLEANSER  	Orellana Extract Shea butter Niacinamide	▶ To reduce sebum production ▶ To moisturise the skin ▶ To reduce inflammation & redness	✓ Dry, blemish-prone skin ✓ Monotherapy & adjunctive use for overdrying acne treatments ✓ Roaccutane patients	Step 1: Effaclar H Iso-biome Cleanser (morning & evening) Step 2: Moisturise with Effaclar H Iso-biome cream (morning & evening) Step 3: Protect with Anthelios UVMune 400 Oil Control SPF 50+

PRODUCT	KEY INGREDIENTS	MODE OF ACTION	SUITABLE FOR	ROUTINE
EFFACLAR DUO+M MOISTURISER  	Aqua Posae Filiformis Phylobioma™ Piroctone Olamine Niacinamide LHA Zinc PCA Procerad™	▶ To rebalance the skin's microbiome ▶ To reduce C.acnes diversity & further enhance the microbiome ▶ To fight microbial proliferation ▶ To reduce inflammation & redness ▶ To exfoliate without irritating ▶ To reduce sebum secretion ▶ To reduce post-inflammatory hyperpigmentation	✓ Blemish-prone skin ✓ Monotherapy & adjunctive use ✓ Post treatment ✓ Ages 10+ Not Suitable for: ✗ Patients on Roaccutane	Step 1: Effaclar Duo+M Cleanser (morning & evening) Step 2: Moisturise with Effaclar Duo+M (morning & evening) Step 3: Protect with Anthelios UVMune 400 Oil Control SPF 50+
EFFACLAR H ISO-BIOME CREAM  	Aqua Posae Filiformis Vitamin B5 Squalene Glycerin Orellana Extract Procerad™	▶ To rebalance the skin's microbiome ▶ To help hydrate the skin & reduce inflammation & oil control ▶ To moisturise & hydrate the skin ▶ To hydrate the skin ▶ To reduce sebum secretion ▶ To reduce post-inflammatory hyperpigmentation	✓ Dry, blemish-prone skin ✓ Monotherapy & adjunctive use for overdrying acne treatments ✓ Roaccutane patients	Step 1: Effaclar H Iso-biome Cleanser (morning & evening) Step 2: Moisturise with Effaclar H Iso-biome Cream (morning & evening) Step 3: Protect with Anthelios UVMune 400 Oil Control SPF 50+
SKIN REPAIR				
CICAPLAST BAUME B5+  	Aqua Posae Filiformis Panthenol Madecassoside Shea butter & Glycerin Copper/Zinc Manganese Thermal Spring Water	▶ To inhibit biofilm formation & rebalance the skin's microbiome ▶ An anti-inflammatory that soothes & relieves skin ▶ To accelerate skin repair & stimulate keratinocytes ▶ To replenish & rebuild the hydrolipid film ▶ An anti-bacterial ▶ To rebalance the skin microbiome	✓ Nappy rash ✓ All skin types ✓ Individuals undergoing cancer treatment ✓ Ages 3 months+	Step 1: Cleanse with Cicaplast Lavant B5 Step 2: Apply Cicaplast Baume B5+ on the area of concern

PRODUCT	KEY INGREDIENTS	MODE OF ACTION	SUITABLE FOR	ROUTINE
SENSITIVE, ALLERGY-PRONE SKIN				
<div><div><div>TOLERIANE DERMALLERGO CREAM</div><div></div><div></div></div></div>	<div><div>Sphingobioma™</div><div>▶</div><div>To reduce inflammation & improve skin barrier function</div></div> <div><div>Neurosensine™</div><div>▶</div><div>To soothe & reduce pain sensation</div></div> <div><div>Shea Butter</div><div>▶</div><div>Reconstitutes the hydrolipidic film to repair the skin barrier</div></div> <div><div>Glycerin</div><div>▶</div><div>To hydrate the skin</div></div> <div><div>Thermal Spring Water</div><div>▶</div><div>To reduce skin irritation & supports the skin's microbiome</div></div>	<div><div>✓</div><div>Sensitive, allergy-prone skin</div></div> <div><div>✓</div><div>Normal to dry sensitive skin</div></div> <div><div>✓</div><div>Individuals undergoing cancer treatment</div></div>	<div><div>Step 1:</div><div>Cleanse with Toleriane Caring Wash (morning & evening)</div></div> <div><div>Step 2:</div><div>Moisturise with Toleriane Dermallergo Cream (morning & evening)</div></div>	
HYPERPIGMENTATION				
<div><div><div>MELA B3 SERUM</div><div></div><div></div></div></div>	<div><div>Melasyt™</div><div>▶</div><div>To trap melanin precursors to reduce hyperpigmentation</div></div> <div><div>Niacinamide</div><div>▶</div><div>To reduce inflammation and redness</div></div> <div><div>Carnosine</div><div>▶</div><div>To provide antioxidant protection</div></div> <div><div>Retinyl palmitate</div><div>▶</div><div>To reduce hyperpigmentation and correct signs of ageing</div></div> <div><div>Hyaluronic acid & Glycerin</div><div>▶</div><div>To hydrate the skin</div></div> <div><div>LHA</div><div>▶</div><div>To improve the smoothness and firmness of the skin</div></div>	<div><div>✓</div><div>Melasma patients</div></div> <div><div>✓</div><div>Solar lentigo / Dark spots</div></div> <div><div>✓</div><div>Post-inflammatory hyperpigmentation</div></div> <div><div>✓</div><div>Sensitive skin</div></div>	<div><div>Step 1:</div><div>Cleanse with preferred cleanser (morning & evening)</div></div> <div><div>Step 2:</div><div>Apply 3-4 drops to face, neck and décolleté. (morning & evening)</div></div> <div><div>Step 3:</div><div>Moisturise using preferred moisturiser. (morning & evening)</div></div>	
PHOTOPROTECTION				
<div><div><div>ANTHELIOS UVMUNE 400 SPF 50+ INVISIBLE FLUID</div><div></div><div></div></div></div>	<div><div>UVB</div><div>Oxytysalicylate</div><div>▶</div><div>UVB filter</div><div>UVIVUL T150</div></div> <div><div>UVA/UVB</div><div>Mexoryl XL</div><div>▶</div><div>UVA/UVB filter</div><div>Tinosorb S</div></div> <div><div>UVA</div><div>Mexoryl SX</div><div>▶</div><div>UVA filter</div><div>LONG UVA</div><div>Avobenzone</div><div>▶</div><div>UVA filter</div><div>Uvinal A+</div><div>EXTRA LONG UVA</div><div>Mexoryl 400</div></div>	<div><div>✓</div><div>All skin types</div></div> <div><div>✓</div><div>Face & body</div></div> <div><div>✓</div><div>Individuals undergoing cancer treatment</div></div>	<div><div>Step 1:</div><div>Moisturise with your preferred moisturiser</div></div> <div><div>Step 2:</div><div>Apply Anthelios UVMUNE 400 SPF 50+</div><div>Re-apply every 2 hours. To be used all year round</div></div>	

PRODUCT	KEY INGREDIENTS	MODE OF ACTION	SUITABLE FOR	ROUTINE
PHOTOPROTECTION				
ANTHELIOS UVMUNE400 OIL CONTROL SPF 50+ INVISIBLE FLUID  	Airlicium Zinc Thermal Spring Water UVA/UVB Mexoryl XL UVA Mexoryl SX LONG UVA Avobenzone EXTRA LONG UVA Mexoryl 400	▶ To absorb sebum for long-lasting mattifying effect ▶ To regulate sebum and reduce inflammation ▶ To reduce skin irritation & support the skin's microbiome ▶ UVA/UVB filter ▶ UVA filter	✓ Blemish-prone skin ✓ Face & body	Step 1: Moisturise with your preferred moisturiser Step 2: Apply Anthelios UVMUNE 400 oil control SPF 50+ Re-apply every 2 hours. To be used all year round
ANTHELIOS UVMUNE 400 SPF 50+ HYDRATING CREAM  	UVB Uvinul T150 UVA/UVB Mexoryl XL, Tinosorb S UVA Mexoryl SX Long UVA Avobenzone Uvinul A+	▶ UVB filter ▶ UVA/UVB filter ▶ UVA filter	✓ All skin types ✓ Face & body	Step 1: Moisturise with your preferred moisturiser Step 2: Apply Anthelios UVMUNE 400 SPF 50+ Hydrating Cream Re-apply every 2 hours. To be used all year round
ANTHELIOS SPF 50+  	UVB Univul Esolex UVA/UVB Titanium Dioxide Mexoryl XL Tinosorb S UVA Mexoryl SX LONG UVA Avobenzone Uvinul A+	▶ UVB filter ▶ UVA/UVB filter ▶ UVA filter	✓ All skin types ✓ Face & body ✓ Individuals with severe photodermatoses ✓ Those with increased risk of UV radiation	Step 1: Moisturise with your preferred moisturiser Step 2: Apply Anthelios SPF 50+ Re-apply every 2 hours. To be used all year round
Available on NHS Rx				

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CONTENTS

DANDRUFF & SEBORRHEIC DERMATITIS

Dercos DS Anti-Dandruff Shampoo



KEY



ALLERGY TESTED

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L'ORÉAL

Dermatological Beauty **PRO**

L'Oréal Dermatological Beauty is a digital community empowering healthcare professionals to improve their daily practice of dermatology through cutting-edge research, science and education on skin and hair care.

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CeraVe
ADVANCED DERMATOLOGICAL CARE

SKINCEUTICALS
ADVANCED PROFESSIONAL SCIENCE

SKINALLIANCE
DERMOCOSMETIC SCIENCE

Discover expert content & services on skin and hair



FEED

Your knowledge with the latest science on skin and hair care



DEVELOP

Your skills with expert training



EMPOWER

Your practice with professional and patient resources



DISCOVER

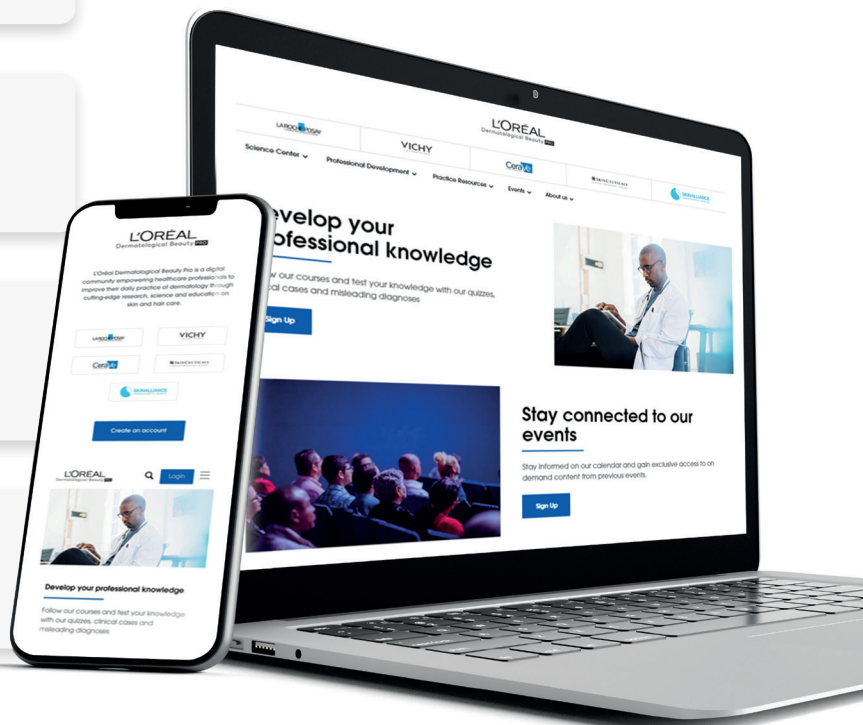
Our database with past and upcoming events



SHARE

With your patients and peers

SCAN TO
REGISTER





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