HELP PREVENT THE SPREAD OF COVID-19

British Columbia **Pharmacy Association**

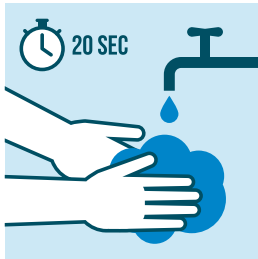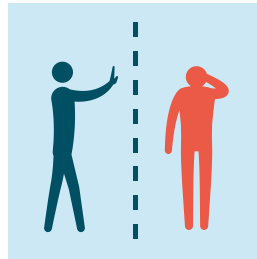## Symptoms of COVID-19

Fever

Cough

Shortness of Breath

Symptoms may take 14 days to appear after contact.

Tips to prevent the spread of COVID-19

20 SEC

Wash your hands with water and soap for 20 seconds
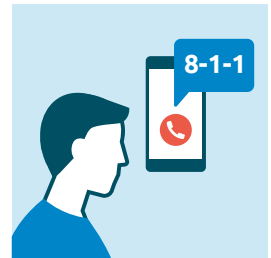
Avoid contact with sick people

Don't touch eyes, nose or mouth with unwashed hands

Avoid travelling

Stay at home

8-1-1

Call 8-1-1 or your primary care physician if you are sick