<u>Table 1: Pharmacist and Pharmacy Technician checklist for wildfire preparedness and action</u> (29; 33; 19) (online version provides hyperlinks)

Preparing for Wildfire Season	
☐ Read the <u>BCCDC fact sheets on Wildfire Smoke</u> .	☐ Recommend patients have at least 5 days extra
☐ Learn about the <u>Air Quality Health Index.</u>	supply of medications. <sup>1</sup>
☐ Consider preparing printouts of key BCCDC fact sheets	☐ Ask higher risk patients² if they are informed; refer
for your patients, such as:	them to relevant resources.
Health effects of wildfire smoke	☐ Ask patients with asthma and COPD if they:
How to prepare for the wildfire smoke season	✓ Have an up-dated written action plan.
Portable air cleaners for wildfire smoke	Asthma Action Plan for Adults
Face masks for wildfire smoke	Asthma Action Plan for Children
Wildfire smoke and outdoor exercise	(Punjabi and Chinese language available for Children's action plan)
$\hfill\Box$ Stock an adequate supply of corticosteroid and	✓ Know how to recognize and treat worsening
bronchodilator inhalers.	symptoms.
☐ For Pharmacy owners consider improving air quality	✓ Have an adequate supply of their rescue
at the workplace.	medications mentioned in the action plan.
During Wildfire season or smoke exposure in your community	
☐ Maintain an adequate supply of corticosteroid and	☐ Emphasize minimising exposure to smoke, especially
bronchodilator inhalers.	for people at higher risk <sup>2</sup> .
$\hfill\Box$ Stay tuned to local air quality reports and advisories	☐ Remind patients with asthma and COPD to:
through local radio, television, social media: Air	✓ Carry their bronchodilator (reliever) inhaler
Quality Advisories, Air Quality Health Index, provincial	with them at all times.
advisories, road and weather conditions for driving.	✓ Follow their written action plan if symptoms
	worsen.
	✓ See their physician if not responding to
	treatment.
	☐ Remind higher risk patients <sup>2</sup> of optional medication
	delivery services, where available.
	☐ Clarify the role of N95 respirators for the public and
	refer outdoor workers to WorkSafe BC <sup>3</sup> .
During states of emergency and evacuations <sup>4</sup>	
$\square$ Follow evacuation orders.	☐ Dispense an emergency supply of medication to
$\square$ For owners of evacuated pharmacies, consider	displaced patients during a state of emergency.
opening a temporary pharmacy in a new location.	

- 1. Helpful during an evacuation but also limits urgent need to travel to the pharmacy during days of poor air quality.
- 2. People with chronic diseases (asthma, COPD, heart disease), pregnant women, infants, young children, older adults.
- 3. Information on Wildfire smoke and N95 respirators: <u>Face masks for wildfire smoke</u>, <u>BCCDC Evidence Review</u>, <u>Worksafe BC's Wildfire Smoke</u>: <u>Frequently Asked Questions</u>.
- 4. Evacuation stages: evacuation alert (be ready to leave), evacuation order (leave the area immediately), evacuation rescind (you can return home, stay tuned for other evacuation alerts or orders). (42)